

**Office of the COORDINATOR**  
training Programs  
**Rajiv Gandhi Govt. Post Graduate Ayurvedic College & Hospital, Paprola, Distt**  
**Kangra (H.P.)**

To

The Principal  
R.G.Govt P.G Ayurvedic College  
Paprola, H.P 176115.

Sub: Regarding training Program for Master trainers conducted from 18<sup>th</sup> Feb 2026 to 20<sup>th</sup> Feb,2026.

Sir

In compliance to the directions given vide letter No. Ay.H (F) (3)-2/85,(OA -PMU-1214, dated 24/01/2026) of the o/O the Director, AYUSH Vibhag, Shimla H.P a three days training Programs for the master trainers was conducted.

The Standard Treatment guidelines issued by the Ministry of AYUSH, Govt. of India, New Delhi were discussed and the master trainers were sensitized about the importance of the STGs on Musculoskeletal disorders and Metabolic disorders.

The training program was inaugurated by Prof. Vijay Chaudhary, Principal Cum Dean of RGGPG Ayurvedic College & Hospital, Paprola Dist. Kangra, H.P. The inaugural session was attended by the faculty members, resource person of the day and participants. 46 participants from various parts of the state attended this program. Five resource persons took twelve sessions in the program. Valedictory session was conducted on 20<sup>th</sup> Feb. 2026. Prof. Vijay Chaudhary, Principal Cum Dean of RGGPG Ayurvedic College & Hospital, Paprola was the Chief guest of the Valedictory program which was attended by the faculty and participants.

The training was successful in achieving its objective of dissemination the STGs on metabolic disorders and musculoskeletal disorders among the Master trainers of AYUSH vibhag, H.P.

The list of the participants and resource persons is being submitted for you information please.

Thanking you

Yours faithfully

  
Dr. Manik Soni

Coordinator- Training programs